



CHOCOLATE

Here's a recipe!

There's nothing I want more on cold Winter days than a cup of my mom's Mexican hot chocolate! Even though we are far away now, the memories of making it with her as a child bring me so much joy... Here's the way I remember making a big pot of chocolate.... and here's a song to help you make it! [Chocolate Video Link](#)

4 servings

Ingredients:

- 4 cups of Milk (there's different kinds, your choice!)
- 1 tablet of Mexican chocolate (I prefer Abuelita or Ibarra)
- Cinnamon (optional)
- Sugar (optional)

How to make: Heat 4 cups milk and 1 tablet of chocolate in a medium saucepan over medium-high heat. Mix constantly with until mixture is frothy and starts to boil (don't forget to sing!) Remove from heat; add sugar and cinnamon to taste. Serve immediately. *Tip: Stir with a wooden spoon and froth with a "molinillo".*

